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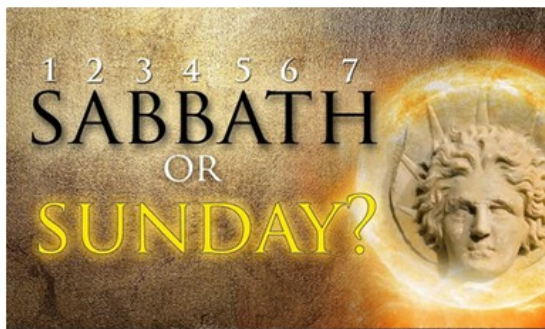
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# THE SABBATH TRUTH

**DOES IT MATTER WHICH DAY?**

What you are about to read in this little leaflet is of utmost importance, because the final conflict in this world will involve the Sabbath day. For centuries this conflict has been building, a conflict between the law of God and the traditions of man. The decision you will have to make is which side you take - God or man? And your decision will decide your eternal destiny.

It is a well known fact that Sunday is the day the majority of people go to church and keep as their "day of rest." But is Sunday the true Sabbath day instituted by God? Many would be shocked to hear that Sunday keeping is nothing more than a tradition started by man and has no support from the Word of God in the Bible whatsoever.



## WHAT DOES THE WORD OF GOD SAY?

*Genesis 2:2-3 ...'And on **the seventh day** God ended his work which he had made; and he rested on **the seventh day** from all his work which he had made. And God blessed **the seventh day**, and sanctified it: because that in it he had rested from all his work which God created and made.'*

Which day did God say He "blessed" and "sanctified" at the end of creation week? The seventh day, which is our Saturday today, and God emphasised this again in His ten commandments:

*Exodus 20:8-11 ...'Remember **the sabbath day**, to keep it holy. Six days shalt thou labour, and do all thy work: But **the seventh day is the sabbath of the Lord thy God**: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.'*

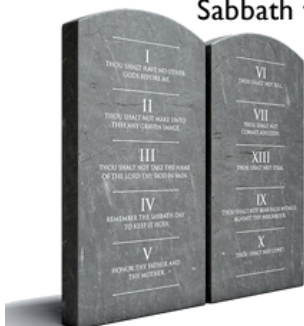
Many Sunday keepers claim that the seventh day of creation in Genesis 2 was NOT instituted as the Sabbath day. But you only need look at the 4th commandment above in Exodus 20. Do you see the clear reference to creation week? God clearly confirms the seventh day of creation WAS instituted as **the Sabbath day**.

The 7th day is the ONLY day God has ever "blessed" and "sanctified" for holy use, and an important point to know is that the 7th day Sabbath was instituted BEFORE sin came into this world. This means God planned for the 7th day Sabbath to be kept forever and the entrance of sin did not change that fact.

Neither was the 7th day Sabbath made only for the Jews, as some Sunday keepers claim. How many Jews were around at creation when God instituted the 7th day Sabbath? None, and not once is the Sabbath called the "Sabbath of the Jews." God calls it "MY HOLY DAY" (Isaiah 58:13).

# WHO DID GOD SAY THE SABBATH WAS MADE FOR?

It is important that we always go by the Word of God in the Bible, rather than the word of man. So let us see exactly who God made the seventh day Sabbath for, and who His commandments are for.



*Ecclesiastes 12:13-14 ...'Let us hear the conclusion of the whole matter: **Fear God, and keep his commandments: for this is the whole duty of MAN.** For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.'*

*Mark 2:27-28 ...'And he said unto them, **The sabbath was made for MAN,** and not man for the sabbath: Therefore the Son of man is Lord also of the sabbath.'*

So keeping God's commandments is the "whole duty" of who? The Jews? No, "man", which means **all mankind!** And who was the 7th day Sabbath made for? The Jews? No, for "man", again, **all mankind!** But take careful note: Jesus said the Sabbath was **MADE** for man. When was it "made"? During creation week just as we read. And which **DAY** was **MADE** as the Sabbath? The seventh day of the week - our Saturday today!

WHAT ELSE DID JESUS CONFIRM ABOVE IN MARK 2:28? THAT HE IS LORD OF THE SABBATH DAY. SUNDAY IS NOT THE "LORD'S DAY", THE 7TH DAY SABBATH (SATURDAY) IS THE LORD'S DAY!

## BUT DIDN'T THE DISCIPLES CHANGE THE DAY?

This is a popular claim in the Sunday churches and one that has no Biblical basis. First of all, the disciples were mere men like you and I. So do you think they would have that kind of power to change the law of God? No, not a chance. The New Testament does confirm a couple of "gatherings" that took place upon the first day of the week, but it also confirms the disciples and followers of Jesus **KEPT** the seventh day Sabbath:

*Luke 23:56 ...'And they returned, and prepared spices and ointments; and **rested the sabbath day according to the commandment.**'*

*Acts 16:13 ...'And on **the sabbath** we went out of the city by a river side, where prayer was wont to be made.'*

The apostles wrote the New Testament **DECADES** after the resurrection of Christ and yet they continued to call the first day of the week (Sunday) just that, "the first day of the week." They placed no special honor upon the day. Whereas they continued to call the 7th day Sabbath "the Sabbath day." So clearly, decades after Christ, the 7th day Sabbath was still "**the Sabbath day according to the commandment**", and the 1st day of the week continued to be just a common day with no special significance.

For a more indepth study regarding this claim, please see our page:  
<https://www.end-times-prophecy.org/apostles-sabbath.html>



**AMAZING SABBATH FACT!** DID YOU KNOW THAT IN OVER 100 LANGUAGES OF THE WORLD, THE WORD "SATURDAY" MEANS "SABBATH"? THIS SHOWS GOD EVEN PRESERVED THE TRUE SABBATH IN THE WORLD'S LANGUAGES!

"Oh it doesn't matter which day!" This is heard from the lips of many Sunday keepers, but will you stand before your Creator who set aside one **specific day** for you to keep holy and tell Him it doesn't matter? There is a Bible story which teaches us an important lesson regarding this. A man called Naaman had leprosy and was told by God's prophet to go and wash in the Jordan river 7 times (2 Kings 5). Naaman wasn't happy about it because the Jordan was a "dirty" river. But he did it in the end and was healed.

Now, there were other rivers Naaman could have gone to wash in. Afterall, it "doesn't matter WHICH river right?" Wrong! The **ONLY** way Naaman could be healed was by going to the **exact** river God told him to. Would anyone dare say that Naaman would have been healed if he chose HIS OWN river? Does it matter which day to keep as the Sabbath? Absolutely!

## SO WHERE DID SUNDAY KEEPING COME FROM?

*"For although almost all churches throughout the world celebrate the mysteries on the Sabbath [7th day - Saturday] of every week, yet the Christians of Alexandria and at Rome, **on account of some ancient tradition**, have ceased to do this."* (Socrates, Ecclesiastical History, b.5, ch.22, found in Nicene and Post-Nicene fathers)

This is what Sunday keeping is based upon. Not the Word of God in the Bible, but purely upon the tradition of man. Sunday was primarily a Pagan day which was devoted to the sun god. The Roman emperor Constantine in the 4th century, *seeking to unite the Pagans and Christians*, decided to institute Sunday as a "Christian" holy day. The Roman Catholic popes took the place of the Roman emperors and it is because of them that the majority of the world's churches keep Sunday instead of the Lord's 7th day Sabbath.

Dear reader, we give you this little tract to show you the truth and to warn you that the whole world has been deceived regarding the Sabbath day. The Roman Catholic Church and many of the so called "Evangelical" churches want Sunday enforced around the world **BY LAW** as the day of rest, in honor of their "trinity god" which is also a false teaching. And the book of Revelation warns us that this will be the **MARK OF THE BEAST**.

The Sabbath will be the dividing line between God's true people and the world. Please seek the **TRUTH** regarding this. Do not follow the churches as great deception is coming through them. Study and follow God's Word alone.

*Psalm 118:8 ...'It is better to trust in the Lord than to put confidence in man.'*

For lots more Sabbath truth studies and Bible truth, see our website, or email us with any questions:

email: [info@end-times-prophecy.org](mailto:info@end-times-prophecy.org)  
website: [www.end-times-prophecy.org](http://www.end-times-prophecy.org)